

WHY DO WE WEAR HELMETS – FOR SAFETY “OF COURSE”

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Anyone with a two-wheeler license would know “why a person needs to wear a helmet” whilst riding a two-wheeler vehicle as it’s one of the most commonly asked questions in the written examinations while applying for a driving license. The answer’s unanimous – for safety, of course.

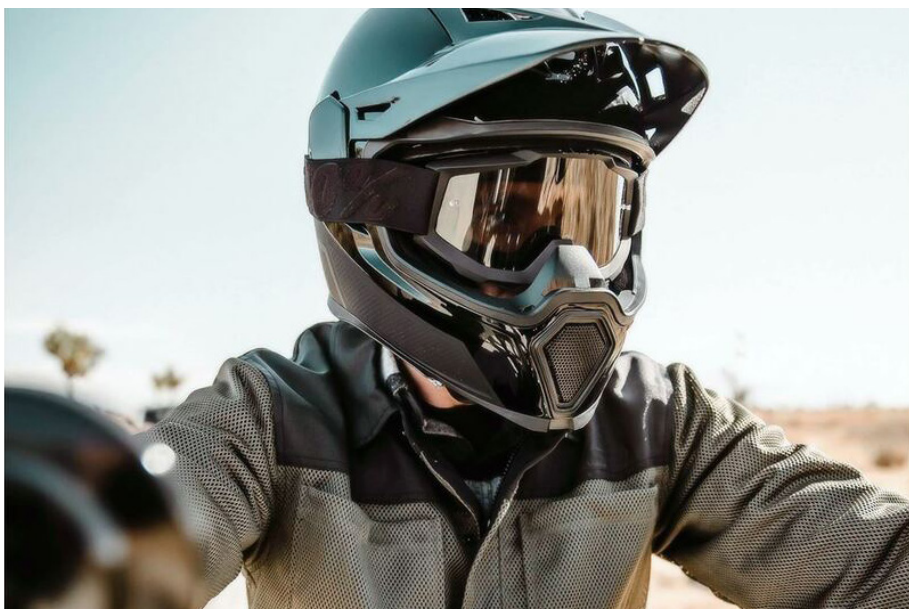
It was earlier last January when I remember my friend visiting me with his new scooter asking me to accompany him while commuting to New Road. As he was a new inductee in the “list of friends owing a two-wheeler”, I asked him to sit back and enjoy the ride (as I didn’t trust him with his novice riding experience). I then asked him a “very complex” question – “Why do we wear helmets?”. He simply replied, “For safety, of course”. I refuted and told him that we wear the helmet for traffic police, isn’t it? He refused to agree, but when I made him realize that he had not been wearing a helmet during our commute, he reluctantly agreed he was not wearing a helmet because the law permits him to.

It’s kind of a cultural thing in the nation to think morally but never to put it into practice. For instance, a similar safety protocol can be observed in the case of four-wheelers as well; only the driver needs to put in a seat belt, and upon asked the application of the belt, everyone responds unanimously – for safety. While there isn’t any research suggesting that the probability of injuries or death occurs only to riders or drivers, passengers themselves are reluctant to



put on any safety measures only because they are not convicted by the law. Other provoking instances of Nepali law occur in the case of drink and driving, often coined as “Ma.Pa.Se”. The zero-tolerance policy of the traffic police has indeed reduced road accidents led by drinking and driving; however, people are often provoked to drink way more than they should as the punishment for a pint of beer is equivalent to the person that is close to the passing out. Moreover, people follow rules and regulations not for their safety but for the sake of avoiding fines. It isn’t uncommon to see people trying to take U-turns or entering one-ways in the absence of a traffic police.

According to research conducted by the Nepal Demographic and Health Survey (2022), motorcycles contribute to the highest frequency of road accidents and crashes in Nepal. Moreover, two-thirds of the road accident deaths involve motorcycles (The Kathmandu Post, 2023). On top of that, 5% suffer brain damage, which could have been minimized should the use of helmets be mandatory for both the rider and pillion. The prevalent ludicrous traffic rule that is predominant today was not always practiced in Nepal. According to Nepal’s Motor Vehicle and Transport Management Act 1993, both the rider and the pillion are required to wear helmets.



However, since the early 2000s, the rule has not been in practice. Later in 2019,

traffic officials did try reinforcing the act but had to face the allegations of being

“hand-in-glove with the helmet traders” (Nepal Minute, 2023). The widespread criticism over social media allegedly put a stop to the mission as the traffic officials did not want to get their hands dirty. What is ironic is that all the cases that have been popular over social media have not been treated with the same consciousness. There are lots of examples including the case of Ncell not paying the tax to the government, the gold smuggling cases that have at least been reported twice, or the overwhelming post over social media against MCC. Despite these cases being famous over social media, they weren’t treated like the case of traffic officials and helmet traders. So, this raises the question “Was it the commission that has been halting the safety of motorcyclists?” or is it simply that the government has listened to its people.




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MESSAGE FROM THE CHAIRMAN

Dear Esteemed Readers,

As we embark on another exciting academic year, it brings me immense pride and joy to address the vibrant community that is Patan College for Professional Studies (PCPS).

Since our inception in 2017, PCPS has been steadfastly dedicated to providing world-class education in the heart of Nepal. Through our unwavering commitment to excellence, we have established ourselves as a beacon of academic prowess and a nurturing environment for intellectual growth.

In our dynamic partnership with the University of Bedfordshire, UK, we have consistently strived to offer programs that not only meet global standards but also empower our students with skills and knowledge that are directly applicable in the professional world. Our esteemed faculties, along with state-of-the-art facilities, ensure a learning experience that is both enriching and transformative. The courses offered, BSc (Hons) Software Engineering and BSc (Hons) Business Management, are carefully designed to cater to the evolving needs of the ever-changing job market. We aim to not only equip our students with technical proficiency but also nurture their entrepreneurial spirit, critical thinking, and leadership abilities.

As we move forward, I am confident that PCPS will continue to be a catalyst for positive change, shaping the future leaders and innovators of our society. Together, we will scale new heights and achieve even greater milestones.

I extend my heartfelt gratitude to our dedicated faculty, diligent staff, and, above all, our talented students for their unwavering commitment to excellence. Let us continue this journey of learning and growth with passion and purpose.

With Warm Regards,
Er. Pankaj Jalan



FROM THE DESK OF THE EDITOR

Dear Readers,

It is with great pleasure that I welcome you to the latest edition of the PCPS Magazine. This publication is a testament to the vibrant and dynamic community that makes up our institution.

In these pages, you will find a reflection of the diverse talents and achievements of our students, faculty, and staff. From academic pursuits to extracurricular triumphs, each story is a testament to the dedication and passion that defines PCPS.

We take pride in being a platform that not only celebrates accomplishments but also fosters a spirit of curiosity and lifelong learning. The pages you hold in your hands are a canvas that showcases the creativity, intellect, and indomitable spirit of the PCPS community.

I extend my heartfelt gratitude to all the contributors, whose efforts have brought this magazine to life. Your dedication to excellence is evident in every word, every image, and every idea presented here.

As we look ahead, let this magazine serve as a reminder of the boundless potential that resides within each one of us. May it inspire you to embark on your own journeys of discovery, innovation, and impact.

Thank you for being a part of the PCPS family and for making our community a source of inspiration and pride. I hope you find this edition of the magazine as enriching and enlightening as we do.

Stay Safe and Healthy!

Thanking you,
Sunanda Regmi
Chief Operating Officer (COO)

EVENTS

CELEBRATING EXCELLENCE PCPS SPORTS WEEK 2023

9th April, 2023

The spirit of competition and sportsmanship was on full display during the much-anticipated PCPS Sports Week held from April 4 to April 9, 2023. Organized by the Sports Club, this event witnessed a stellar performance from students across various disciplines, showcasing their prowess in a diverse range of sports.

The Sports Club, under the dynamic leadership of President Sijan Tandukar and Vice President Khushi Siwakoti, orchestrated a week of thrilling matches and intense competitions.

In the heart-pounding futsal matches, Team Khushi emerged victorious in the girls' category, outclassing Team Aaniya, while in the boys' category, Team Sijan secured a well-deserved win against Team Avishek.

Individual accolades shone bright as Sijan Tandukar claimed the title of Best Goalkeeper for boys, Omkar Dangol clinched Top Scorer for the boys' futsal team, and Avishek Kkadka was named Best Player for the same team. For the girls' futsal team, Khushi Siwakoti exhibited exceptional skill, earning her

the title of Best Goalkeeper, while Simran Dangol's impressive performance earned her the dual distinction of Top Scorer and Best Player.

In an exhilarating display of skill and finesse, Simrika emerged victorious in the women's table tennis category, triumphing over Bitisha, while Arpan Shrestha clinched the men's table tennis tournament by defeating Prajwol.

Prajwal Veer Basnet's outstanding performance earned him the coveted Player of the Tournament title in the





crisical matches, even as his team secured a commendable second-place finish. Dinesh Adhikari's stellar bowling earned him the Best Bowler award, while Chakra Singh Thagunna's batting prowess saw him named Best Batsman.

Ruchi Bajracharya displayed exceptional skill in the women's badminton finals, defeating Simran Dangol, while Nahakul Thapa emerged victorious in the men's category, triumphing over Dipesh Rawal.

Sushan Man Vaidya showcased unmatched agility, scaling to the top in a remarkable 38 seconds, claiming the rock

climbing title.

Team Chakra emerged triumphant in the intense finals, securing the snooker championship. In the pool games, Nahakul Thapa and Sahira Maharjan formed an unstoppable duo, clinching victory in the mixed doubles.

Former PCPS staff member Manoj Timilsena demonstrated his strategic prowess in chess, emerging as the champion.

In a display of sheer athleticism, Khushi Siwakoti claimed the titles of Most

Valuable Player (MVP) and Top Scorer for the women's basketball team, while Cezane Karki secured the MVP title for the men's team, with Sudatta Shakya leading as the top scorer.

The PCPS Sports Week 2023 was a testament to the talent and dedication of the college's students and staff. The event not only celebrated athletic achievement but also fostered a sense of camaraderie and unity among the PCPS community.

Congratulations to all the participants and winners for their outstanding performances!

ANNUAL DAY CELEBRATION 2023

4th April, 2023

On the 4th of April, 2023, the PCPS family came together to celebrate a year of achievements and camaraderie at the much-awaited Annual Day event. The occasion was graced by the esteemed presence of our Chairman, Mr. Pankaj Jalan, and our Executive Director, Mr. Prakash Kejriwal. Their presence added a touch of grandeur to the festivities.

The event was a blend of talent, artistry, and recognition. The stage was adorned with performances that showcased the incredible diversity of talents within the PCPS community. Students, faculties, and staff came together to mesmerize the audience with mesmerizing dance and song performances that left everyone spellbound.

One of the highlights of the evening was the awarding ceremony, where outstanding achievements, both academic and non-academic, were acknowledged and celebrated. The awards were presented by the eminent Dean Engineer Ajaya Kumar Sharma and the dynamic Chief Operating Officer, Sunanda Regmi.

The event was not only about achievements, but also about embracing cultural diversity. Staff and students adorned themselves in a myriad of cultural dresses, a testament to the rich tapestry of traditions that make up the PCPS community.

To tantalize the taste buds, food stalls were set up by the talented students of PCPS. These stalls offered a delightful array of culinary delights, adding a delicious dimension to the celebrations.

The event also provided the perfect backdrop for memorable moments, as photo sessions captured the joy and camaraderie shared by all present.

The PCPS Annual Day Celebration 2023 was a testament to the spirit of unity, talent, and achievement that defines our institution. It was a day filled with laughter, applause, and a sense of belonging that will be cherished in our hearts for years to come.







PCPS 3X3 BASKETBALL TOURNAMENT 2023: A SLAM DUNK SUCCESS

20th-21st June, 2023

On the 20th and 21st of June 2023, the courts of PCPS were ablaze with the exhilarating action of the 3X3 basketball tournament. This spirited event brought together teams from both the men's and women's divisions, creating an atmosphere of fierce competition and camaraderie. The highlight of the second day was the gracious presence of Deputy Mayor Mrs. Manjali Shakya Bajracharya, who added a touch of honor to the proceedings. The

esteemed Chairman of LBEP, Mr. Pankaj Jalan, also joined the event, exemplifying the support and enthusiasm of the community.

In the fiercely contested men's division, Golden Gate emerged victorious, displaying exceptional skill and teamwork. Their stellar performance earned them the championship title and a prize purse of Rs 30,000. Not far behind, TIVA Team A put up a valiant fight, securing the 1st runner-

up position and Rs 15,000 in prize money. The women's division was no less thrilling, with Grande Sports Centre dominating the court. Their determination and talent earned them the championship title and a well-deserved prize of Rs 15,000. Ballers Academy showcased exceptional skills, earning them the 1st runner-up position and recognition for their outstanding performance.

We extend our heartfelt gratitude to our





sponsor, KTM Consulting Group, for their generous support. Their contribution played a significant role in making this tournament a grand success. Their belief in the power of sports and community is deeply appreciated.

The tournament was a celebration of athleticism, sportsmanship, and the spirit of competition. It provided a platform for players to showcase their skills and for the audience to witness breathtaking moments on the court.

The success of the PCPS 3X3 Basketball Tournament 2023 was a testament to the

dedication and hard work of all the teams involved. It was an event that will be remembered for the passion and skill that graced the courts of PCPS.

Congratulations to all the participants, winners, and organizers for making this tournament a slam dunk success!

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